Using the Control Panel



drinkable









MANUAL MODE

START/STOP

for long pulses.

PULSE



spoonable

Press once to start continuous running up to

60 seconds; press again to stop. Can also be

pressed to stop a running Auto-iQ program.

Offers greater control of pulsing and blending.

short presses for short pulses and long presses

Operates only when PULSE is pressed. Use

NOTE: Manual programs cannot be used in

paddle continuously while processing.

conjunction with any Auto-iQ programs. For best results when making thicker recipes, use

the BOWL program and twist the built-in power

AUTO-IQ® PROGRAMS

extract

Intelligent preset programs combine unique blending and pausing patterns that do the work for you. Once a preset program is selected, it will start immediately and automatically stop when blending is complete. To stop blending before the end of the program, press the currently active button again.

EXTRACT

Ideal for tough, leafy, or fibrous whole fruits and vegetables, including their skins, seeds, and stems.

SMOOTHIE (not included with all models)

Combine your favorite fresh or frozen ingredients, liquids, and powders to create smoothies and protein shakes.

FROZEN

Crush ice and frozen fruit into restaurantstyle frozen drinks.

SPREAD (not included with all models)

Create anything from spreadable nut butters to zesty dressings to the perfect hummus.

BOWL

Make thick, spoonable smoothie bowls, creamy frozen yoghurt, and refreshing sorbets.

Cleaning



Dishwasher

Accessories are top-rack dishwasher safe and should NOT be cleaned with a heated dry cycle.



Hand-Washing

Wash containers, lids and blade assembly in warm, soapy water. When washing the blade assembly, use a dishwashing utensil with a handle.

TIP: For stuck-on ingredients, place 1 or 2 small drops of washing-up liquid into the jug and add warm water up to the 240ml Liquid Fill line. Install lid and blend on MIX program. Twist the built-in Power Paddle anti-clockwise continuously while cleaning.

WARNING: Handle the blade assemblies with care when washing, as the blades are sharp. Contact with the blades' edges can result in laceration.



Please make sure to read the enclosed Ninja® Safety Instructions prior to using your unit.

QUICK START GUIDE

NINJA TWISTI



What's in the Box





1L Power Nutri Jug with Power Paddle



Hybrid Edge™ **Blades Assembly**



700ml Power Nutri Cup with Spout Lid

NOTE: The Hybrid Edge Blades Assembly is not compatible with other Ninja products.

Power Nutri™ Cup Assembly



Fill single-serve cup with desired contents. Screw on the blade assembly until you have a tight seal.



Flip cup upside down and install on base. Rotate clockwise until it clicks into place.



Select any program to begin blending.



When blending is complete, remove cup from base. Then remove the blade assembly.



NOTE: The Power Nutri Cup and Jug share the Hybrid Edge Blade Assembly. Unscrew from pre-assembled Jug.

Taking It To Go?

Place the spout lid on top of the single-serve cup and turn clockwise to seal.

Jug Assembly



Screw on the blade assembly until you have a tight seal. Fill jug with desired contents.



Install the lid by aligning the red tab to the right of the jug handle. Rotate tab clockwise into the jug handle to align and lock into place.



Install the jug on the base. Rotate jug clockwise until it clicks into place. Programs will illuminate when unit is ready to use.

Blend & Enjoy



Select desired program. For thick outputs, twist the built-in tamper on the lid anti-clockwise continuously while processing.



If results are too think, open the drizzle hole cap and add more liquid. Close the cap and continue twisting the tamper anti-clockwise during blending.



When blending is complete, remove the jug from the base. Then remove the lid and blade assembly.

NOTE: Keep the drizzle cap closed when processing liquids.

Using the Drizzle Hole & Power Paddle



Use the drizzle hole to add liquid ingredients while processing. Keep the drizzle hole cap closed when processing liquids.

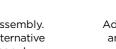


• The Power Paddle is **NOT** removable from the jug lid.

· DO NOT microwave or freeze any container.

To get the thickest, most even results, twist the non-removable built-in Power Paddle ANTI-CLOCKWISE to push ingredients toward the blades, reducing the amount of liquid needed for blending.





ALWAYS DO THIS FIRST.



DID YOU KNOW?

Smoothie bowls are thicker and spoonable. compared to smoothies which are thinner and drinkable.

Smoothie bowl basics

USING THE JUG

For 1 serving, use <u>□</u> fill lines:

□ LIQUID FILL For 2 servings, use ___ fill lines:

MAX FILL

UQUID FILL





Install the blade assembly. Add milk or milk alternative such as soy, coconut, almond or oat milk. up to the LIQUID FILL line.





Add frozen fruit, directly from freezer, and/or açai up to the MAX FILL line.

Cut larger fruit, like bananas, in quarters. If using açai thaw slightly and cut in quarters.

NOTE: Amplify your base by adding 1 scoop of yoghurt, flavour powder, protein powder and/or nut butter.



Install the lid onto the jug, then install the jug onto the motor base. Select MIX.

Twist the Power Paddle anti-clockwise continuously while processing.













After blending is complete, pour into a bowl then add your favourite toppings, such as coconut flakes, granola, fresh bananas, berries and agave nectar.



WARNING: Handle the blade assembly with care, as the blades are sharp.